



How to Revive a Struggling Orchid

Even if your orchid looks unhealthy, small adjustments can bring it back to life. Pictured is a healthy orchid and its roots.

Common Issues and Solutions:

- Yellowing Leaves? Likely overwatering or too much direct sun. Adjust accordingly.
- Shriveled, lifeless roots? The orchid is dehydrated. Increase watering slightly and raise humidity.
- Mushy, rotting roots? Root rot-trim affected roots and repot in fresh orchid mix.
- Buds dropping before blooming? Caused by temperature fluctuations or low humidity. Keep conditions stable.

Steps to Rescue a Weak Orchid:

- 1. Assess the roots. Healthy roots should be firm and green/silvery—trim any that are brown, mushy, or hollow.
- 2. Repot if necessary in a fresh, well-draining orchid mix.
- 3. Improve airflow and humidity by adjusting placement or using a humidity tray.
- 4. Resume normal care with careful watering and proper lighting—avoid drastic changes.

Orchids can recover beautifully with patience and the right conditions.